Spaghetti with Meat Sauce

Main Dish

HACCP Process #2- Same Day Service

Iowa Gold Star Recipe

eight lb	Measure	Weight 17 lb	Measure	Directions
		17 lh		
		1 1/10		1. Brown ground beef. Drain fat. Continue
, l				immediately.
′2 lb	1 1/3 cups	1 lb	2 2/3 cups	2. Add onions. Cook for 5 minutes.
	1 1/2 Tbsp		3 Tbsp	3. Add garlic, pepper, tomato puree, water,
	1 1/2 tsp		1 Tbsp	salt, parsley, basil, oregano, marjoram and
i lb	2 Qt + 1 cup	10 lb	1 gal + 2 cups	thyme. Simmer about 1 hour.
	1/2 gallon		1 gallon	CCP: Heat to 155°F or higher at least 15
	1 Tbsp		2 Tbsp	seconds.
	1/4 cup		1/2 cup	4. Heat larger amount of water (either 6 or
	1/8 cup		1/4 cup	12 gallons) to rolling boil.
	1/8 cup		1/4 cup	5. Slowly add spaghetti. Stir constantly, until
	1 Tbsp		2 Tbsp	water boils again. Cook 10-12 minutes or
	1 1/2 tsp		1 Tbsp	until tender; stir occasionally. DO NOT
	6 gallons		12 gallons	OVERCOOK. Drain well. Run cold water
Whole grain spaghetti 4 lb 11 oz		9 lb 6 oz		over pasta to cool slightly.
				6. Stir spaghetti into meat sauce.
				7. Divide mixture evenly into medium half-
				steam table pans (10"x12"x4") which have
				been lightly coated with pan release spray.
				For 100 servings, use 6 pans.
				CCP: Hold for hot service at 135°F or higher.
				8. Portion with an 8 oz ladle (1 cup) per
				serving.
		2 Qt + 1 cup 1/2 gallon 1 Tbsp 1/4 cup 1/8 cup 1/8 cup 1 Tbsp 1 1/2 tsp 6 gallons	2 Qt + 1 cup 10 lb 1/2 gallon 1 Tbsp 1/4 cup 1/8 cup 1/8 cup 1 Tbsp 1 1/2 tsp 6 gallons	3 lb 2 Qt + 1 cup 10 lb 1 gal + 2 cups 1/2 gallon 1 gallon 2 Tbsp 1/4 cup 1/2 cup 1/8 cup 1/4 cup 1 Tbsp 2 Tbsp 1 Tbsp 2 Tbsp 1 1/2 tsp 1 Tbsp 6 gallons 12 gallons

Yield= about 6 medium half steam table pans; about 6 gallons 1 qt

Serving Sizes	Contribution
K-12: 1 cup	1 cup = 2 oz eq M/MA, 1/4 cup RO vegetable and 1.5 oz eq grains